



KHUSHII

SUPPORTED BY
SANDHA
CREDIT REFORMS, ETC.



Empower 2.5 LAKH children by 2025

JUNE 2024

KHUSHII KI CHITTHI

Newsletter

FY 2023-2024



99
Schools & CLC



13
States



2,00,233
Beneficiaries



28 SHGs WITH
318 MEMBERS
EARNING UPTO 10,000



1,130
YOUTHS TRAINED AT
9 SKILL DEVELOPMENT CENTERS

INCOME UPTO 12,000



Understanding Manobal and why it is important.



Australian Government

National Education Policy (NEP) 2020, envisages building character, holistic and well-rounded individuals equipped with the key 21st century skills such as communication, cooperation, team work and resilience. Within the purview of NEP, and through our own observations and interactions we pivoted towards adoption of mental health and well-being as a key approach towards holistic education. Our intervention shaped into a flagship programme Manobal which intends to sensitise and psycho-educate teachers.

Impediments towards Holistic Education and Mental Well-being



15% of the population faces mental health challenges



Majority of mental disorders surface between ages **11-18**



13 million children aged **10-14** are living in poverty (2022)



1 in 7 youths aged 15-24 experience mental health issues



Only **41%** recognize the need for support



Many challenges remain unaddressed due to ignorance and stigma



95% of people with mental health concerns receive no treatment

Determinants



Government Schools

70.3% of children are enrolled in government schools, which allows us to tap into their well-being



Mental health of teachers

Research points out that teachers with low mental health are more likely to experience burnout and may create difficulties for the students. This emphasizes the importance of prioritizing teacher well-being, as their mental health directly influences the learning environment. Furthermore, Indian teachers have expressed mixed to negative attitudes towards children with behavioral struggles and their inclusion in the classroom, aggravating their issues.

Process



Identification of Batches Scheduling of Online Training



Pre-Assessment on parameters, including Knowledge, attitude, beliefs & behaviors



Delivery of online training: 5 hour module over three days in batches



Post-Assessment on parameters, including Knowledge, attitude, beliefs & behaviors



Booster training session: In Person 90 minutes hands on training module



Follow up Assessment of classroom behavior of teachers

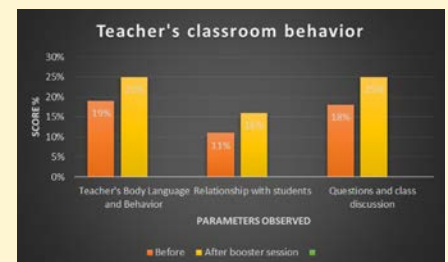
Observed impact on Teacher's classroom behavior

40 Teachers observed | **10** Schools covered

Subjects taught by participants: **Social, Science, Language, Mathematics, etc..**

Higher score indicates better classroom behavior

Difference is statistically significant, means could not have occurred by chance



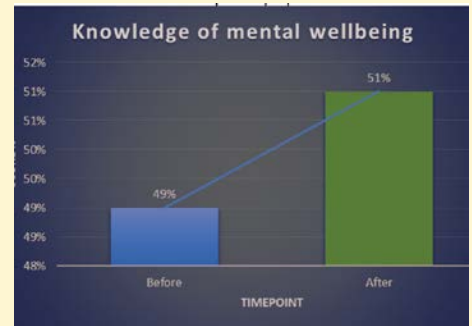
Impact on Knowledge of Mental wellbeing

68 Teachers assessed | **14** Schools covered

Subjects taught by participants:
Social, Science, Language, Mathematics, etc..

Higher score indicates higher knowledge

Difference is statistically significant, means could not have occurred by chance



PROGRAMMES OVERVIEW

JUNE 2024



ENSURING EDUCATION

OUTREACH

47,442

STUDENTS

31

COMMUNITY
LEARNING CENTRE

64

SCHOOLS

57.6%

PARENTS
PARTICIPATED

TRAINING SESSIONS



Topics:

- Innovative Pedagogies
- Digital Literacy

150 Educators



ACHIEVEMENTS



KHUSHII's young artists shine at prestigious exhibition! In a spectacular display of creativity, three talented students from Composite Vidyalaya Karhera, Ghaziabad, stole the spotlight at a recent art exhibition held at the India International Centre, New Delhi. Roshni Kumari, Prisha Kumari, and Monika, all from Class 8, not only had their artworks selected

from a pool of ten participants but also saw their pieces sold at the event. Their success was further celebrated with cash prizes, with Monika receiving an impressive INR 10,000 and both Roshni and Prisha awarded INR 5,000 each. This remarkable achievement highlights KHUSHII's commitment to nurturing young talent and showcases the power of art in bringing communities together.



KHUSHII students received an invaluable opportunity for skill enhancement through a 10-day Summer Internship workshop hosted by SANDHAR from June 17-28, 2024. Ten students participated in this program, gaining hands-on experience across various departments at

SANDHAR's premises. The internship provided insights into organisational functions, connected academic knowledge with real-world applications, and offered career guidance through interactions with professionals. Students returned with newfound knowledge in areas such as finance, legal affairs, training, email etiquette, time management, and plant operations.



NEW /RENEWED PARTNERSHIPS







TESTIMONIAL

Aryan Raj, recently qualified for Navodaya school admission and a scholarship (Medhavi Exam organized by the Government), for his scientific bent and academic acumen. A lot of his success is attributed to his Math teacher who provided him weekly one-on-one sessions since he was in 3rd grade. The teacher used TLM, assessments, and worksheets to track his progress. Aryan wants to become a scientist, and thanks to his teacher, he is closer to his dream.
- Harkesh Nagar School.

CERTIFICATION RECEIVED



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