

KHUSHII KI CHITTHI

DONOR NEWSLETTER SEP'23



3

STATES
ACROSS INDIA

12

PARTNER
SCHOOLS

17,809

GIRLS RECEIVED FREE
PADS AND COUNSELLING

Pads for Freedom is bringing new hope to school-going girls

Dear Supporter,

I'm thrilled to share the incredible impact your support has had on our Pads for Freedom campaign.

Your generosity has led to the production of **183,138** sanitary pads, providing dignity and access to menstrual hygiene. We have already distributed **108,654** pads, benefiting **17,809** girls in **12** schools across India.

Your commitment enables these disadvantaged girls to continue their education without the burden of menstrual challenges. Your kindness is a beacon of hope, and we are immensely grateful for your contribution to their brighter future.

With heartfelt thanks,

Harish Gosain
Executive Director

YOU ARE A CHANGE MAKER



#PADS FOR FREEDOM

You are Helping Girls Continue Education

You are helping us solve a critical social problem. *23 million girls drop out of school* every year when they start menstruating and your generosity is making a profound difference in the lives of teenage girls.

Your support, has enabled us to reach **17,809 disadvantaged girls** who did not have the means to afford sanitary pads or had any counselling support from their parents or relatives.

There is clear evidence that Free sanitary pads and crucial mental and menstrual health counselling sessions are empowering girls to stay in school, breaking the cycle of neglect and creating real change on the ground.

Thank you for driving positive change

1 PAD, MULTIPLE IMPACTS!

1 Girls are able to continue education



The free distribution of sanitary pads is enabling girls to continue their education and empowering them by enhancing their health, career prospects, dignity, social standing, and active participation. Providing free pads prevents girls from dropping out

2 Livelihood for marginalised women

Thirteen marginalized women from the community are now earning a decent livelihood as workers in sanitary pad manufacturing units supported by KHUSHII in Self-Help Groups (SHGs) in Rajasthan and Uttar Pradesh

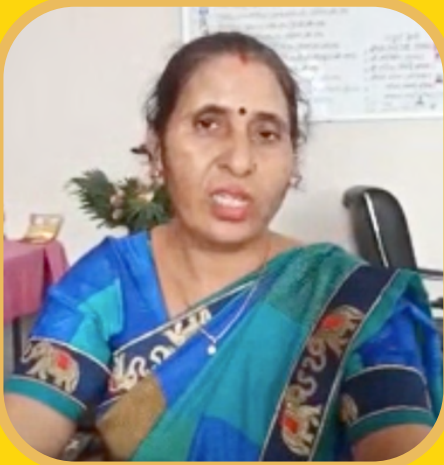


3 Biodegradable pads help protect nature



12.3 billion sanitary pads are disposed off every year in India. Our biodegradable sanitary pads contribute to nature's protection, reducing the environmental impact and promoting sustainability for a cleaner, greener world

WHAT THE STAKEHOLDERS SAY!



Anita Vashishth
Principal

“Through the KHUSHII NGO, Nagar Nigam Balika Inter College, Makanpur, distributed 1000 sanitary pads to students, promoting vital personal hygiene awareness. Ensuring children understand how these pads protect them from illnesses is essential”

“The counselors from KHUSHII NGO visited our school (*Nagar Nigam Balika Inter College, Kailabhata*) and provided excellent information about periods. This has greatly enriched our children's knowledge”



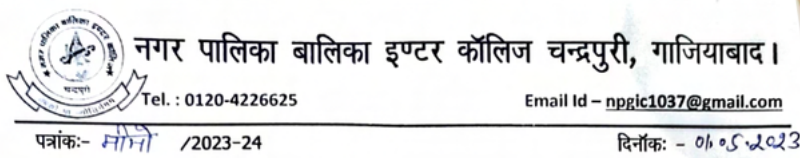
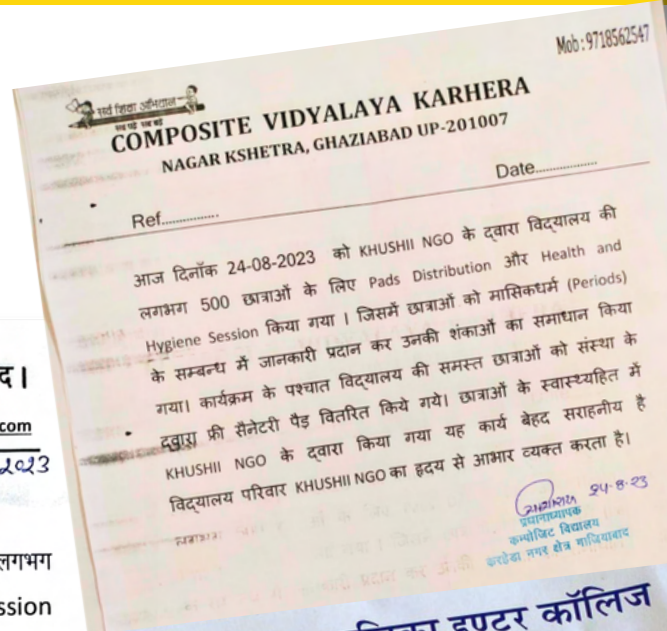
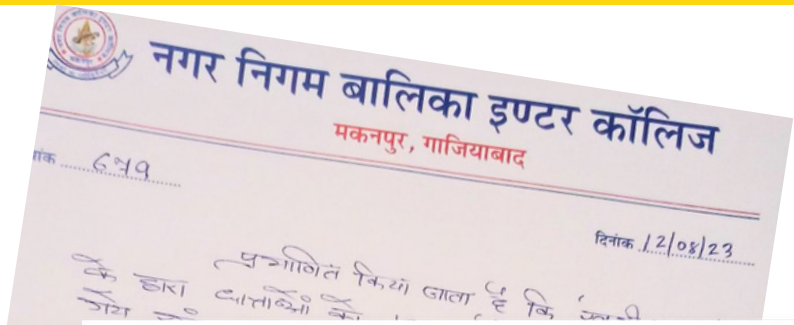
Shabana Khatun
Principal



Ms. Archana Verma
Teacher

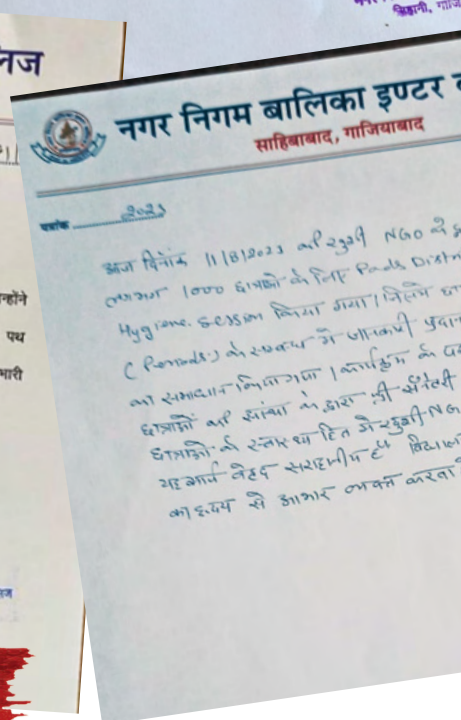
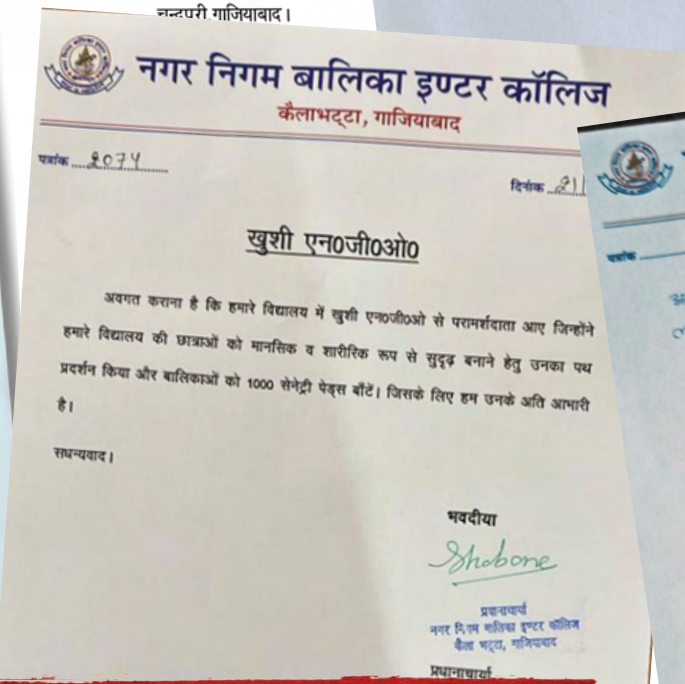
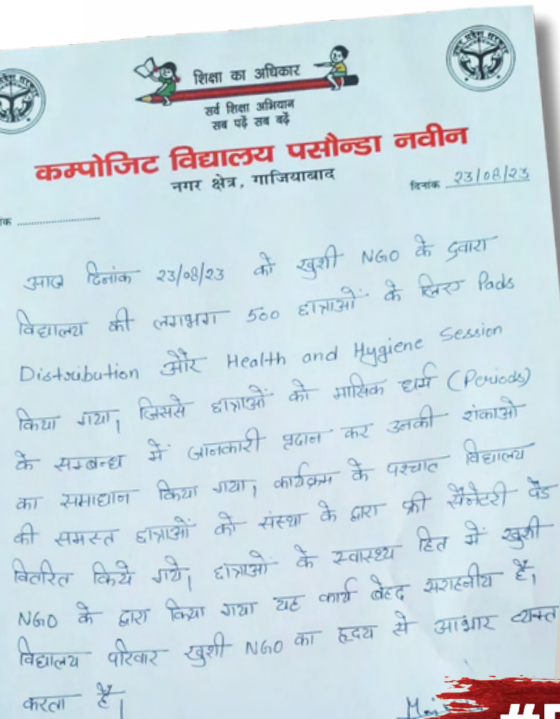
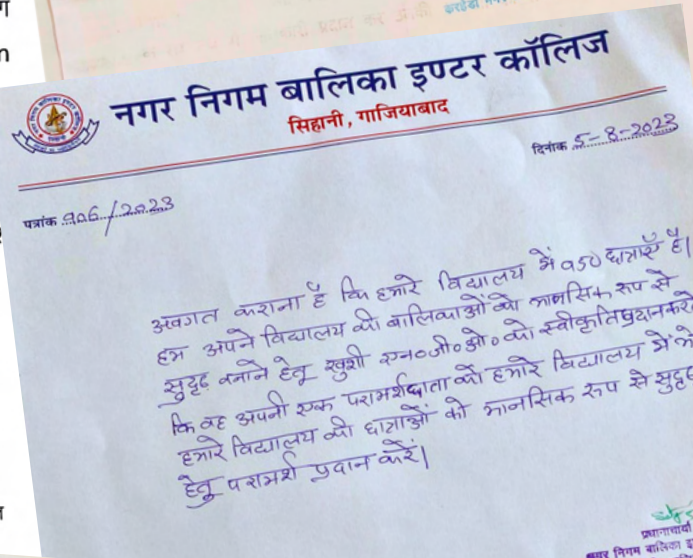
“As a teacher, it was encouraging and inspiring to see KHUSHII NGO come to our school, Rajkiya Kanya Vidyalaya at Vijay Nagar, to distribute free 'biodegradable' sanitary pads and conduct counseling sessions that will help girls attend school regularly”

APPRECIATION OF IMPACT



आज दिनांक 01.05.2023 को खुशी NGO के द्वारा विद्यालय की लगभग 2000 छात्राओं के लिए Pads Distribution और Health & Hygiene Session किया गया। जिसमें छात्राओं को मासिक धर्म (Periods) के सम्बन्ध में जानकारी प्रदान कर उनकी शंकाओं का समाधान किया गया। कार्यक्रम के पश्चात विद्यालय की समस्त छात्राओं को संस्था के द्वारा फ्री सैनेटरी पैड वितरित किये गये। छात्राओं के स्वास्थ्य हिता में खुशी NGO के द्वारा किया यह कार्य बेहद सराहनीय है। विद्यालय परिवार खुशी NGO का हृदय से आभार व्यक्त करता है।

भवदीया
डा. (अन्तिमा चौधरी)
प्रधानाचार्या
नगर पालिका बालिका इंटर कॉलेज
चन्द्रपुरी गाजियाबाद।



#PADSFORFREEDOM

Helping Girls Continue Education